

The Allegheny County Martial Arts Center  
Welcomes Michael Calandra to the Pittsburgh Area

## Teaching a Multi-Art Seminar for Participants of All Skill Levels Saturday, March 24th, 2012

### Chen Style Taijiquan Practical Method – 9:30 AM – 11:30 AM



Master Calandra will be teaching the principles of Chen Style Taijiquan Practical Method, including excerpts from the Yi-Lu form, applications and push hand drills.

In December of 2003 Calandra was accepted as an "Indoor Disciple" of Master Chen Zhonghua. He is a 20th generation Master and authorized by Master Chen to teach the Chen Style Taijiquan Practical Method of Hong Junsheng.

### Okinawan Kobudo (Weapons) – 12:30 PM – 4:00 PM

Calandra Sensei will be teaching bo (staff) kata Sakugawa No Kun and related bunkai (applications). Break-out sessions will include various other weapons such as the nunchaku, tonfa, sai and leku (boat oar). Some weapons are available but please try to bring your own weapons if you have them.

Calandra Sensei holds the rank of 6th Dan in Okinawan Kobudo (Weapons) and is the director, of the New York branch of the Okinawa Kobudo Doushi Rensei Kai. He is a direct student of Yoshiaki Gakiya, 8th Dan, Founder of the O.K.D.R.K.



#### Costs:

Chen Style Taijiquan Practical Method: .....	\$30.00
Okinawan Kobudo (Weapons): .....	\$30.00
Entire Day (Two Sessions – A Full Day of Training!): .....	\$50.00

For more information including directions to the event site, please contact  
Sensei Susan Sbuscio at (412) 851-9704 or [ssbuscio@yahoo.com](mailto:ssbuscio@yahoo.com)